

For Immediate Release

Contact: Betsy Hart, 202-226-8555

Expresses Confidence in South Dakota's Pork Industry; Encourages Taking

April 30, 2009, Washington, DC

-With growing attention fo

“Many Americans and South Dakotans are concerned with the very troubling news

The virus receiving so much attention in the news media has been inaccurately ca

Further, according to scientists at USDA and the Centers for Disease Control and

An unfortunate consequence of this flu outbreak has been the negative economic

Rep. Herseth Sandlin said, “The term ‘swine flu’ is a misnomer and this terminology

On April 26th, the Department of Health and Human Services declared a Public H

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Further, the Center for Disease Control (CDC) is recommending that Americans ta

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Avoid close contact with people who are sick

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Stay home from work, school, and errands when you are sick

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Cover your mouth and nose with a tissue when coughing or sneezing

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Wash your hands often

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Get plenty of sleep

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Be physically active

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Manage Stress

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Drink plenty of fluids

Eat nutritious food

For more information about the H1N1 Flu, South Dakotans can visit Rep. Herseth

<http://hersethsan>

dlin.house.gov/flu.html

www.cdc.gov

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